

MINOR GROUP 2-DEVELOPMENT AND WELL-BEING



CALICUT UNIVERSITY – FOUR-YEAR UNDER GRADUATE PROGRAMME (CU-FYUGP)

BSc PSYCHOLOGY

Programme	B. Sc. Psychology				
Course Title	Growth and Development				
Type of Course	Minor without practicum				
Semester	I				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	4	4	-	-	60
Pre-requisites	Nil				
Course Summary	This course titled Life span Development outlines the characteristic of lifespan perspective and nature of development It analyses various theories of development, stages of prenatal period, birth processes etc				

Course Outcomes (CO):

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation Tools used
CO1	The students will be able to understand the importance of life span development	U	F	Instructor-created exams / assignment/Quiz/seminar
CO2	The students will be able to explain the nature of development	U	F	Practical Assignment / Observation of Practical Skills/seminar
CO3	The students will be able to describe the theories of development	Ap	C	Viva/practical exam Report writing

CO4	The students will be able to explain the birth process, stages and hazards of prenatal period	An	F	Seminar/debate
* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C) # - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Metacognitive Knowledge (M)				

Detailed Syllabus:

Module	Unit	Content	Hrs 60	Marks 70
I	Introduction to Life Span perspective		12	10
	1	Human Development, Importance of studying life span development.	2	
	2	Characteristics of life span perspective	2	
	3	Domains of Development	2	
	4	Characteristics of Life span perspective	2	
	5	Influences on Development-Heridity, Environment and Maturation	2	
	6	Contexts of Development, Normative and Nonnormative influences	2	
II	Nature of Development		10	15
	7	Biological Development	2	
	8	Cognitive Development	2	
	9	Socioemotional Processes	2	
	10	Periods of Development.	2	
	11	Developmental tasks of each stage, The Significance of Age, Developmental Issues.	2	
III	Theories of Development		16	25
	12	Psychoanalytic theory	3	
	13	Behaviourist theory	3	
	14	Psychosocial theory	2	
	15	Cognitive theory-Piaget, Vygotsky Sociocultural cognitive theory	3	
	16	Information Processing theory	2	
	17	Ethological theory	1	
	18	Ecological theory	2	
IV	Course of Prenatal period		10	20
	19	Stages of Prenatal period, Prenatal diagnostic tests	3	

	20	Hazards to Prenatal development, Prenatal care	3	
	21	Birth Process	2	
	22	Post partum period	2	
	V	Scope of Life span Development		
		Discuss the scope of studying life span development Critically analyse different theories of development Discuss the different traditional beliefs associated with prenatal period and birth Discuss how conception naturally occurs and what causes multiple births Discuss nature and nurture issue on development	12	

Books and References:

Berk, L.E (2016) exploring lifespan development. New Delhi: Pearson Education Pvt Ltd
 Hurlock, E.B (1996) Developmental Psychology-A Life span Approach. New Delhi: Tata McGraw Hill Publishing Company
 Papalia, D.E et.al (2004) Human Development (9th Ed). New Delhi: Tata McGraw Hill Publishing Company
 Santrock, J.E (2011) life span development (13th Ed) New Delhi: Tata McGraw Hill Publishing Company.

Note: The course is divided into five modules, with four modules together having total 22 fixed units and one open-ended module with a variable number of units. There are a total of 48 instructional hours for the fixed modules and 12 hours for the open-ended one. Internal assessments (30 marks) are split between the open-ended module (10 marks) and the fixed modules (20 marks). The final exam, however, covers only the 22 units from the fixed modules. The 70 marks shown in the last column, distributed over the first four modules, is only for the external examination

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO 1	3	-		3	-	3	-	-	-	2	3	2
CO 2		3	-	-	-	-	2	-	-	-	-	-
CO 3	2	-	3		-	-	-	-	3	-	-	3
CO 4	2	-			-	--	3	3	-	-	3	-
CO 5		3	3	2	3	-	-	-	2	-	-	2
CO 6	-	-			3	-	-	-	-	3	-	-

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Minor project/experiments/Report writing / Practicals (20%)
- Final Exam (70%)

Mapping of COs to Assessment Rubrics

	Internal Exam	Assignment	Project/ Practical Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5	✓	✓		
CO 6	✓			